

Where Should You Go?

Get The Right Care, At The Right Time & Place*

Healthcare is complicated, and your doctor is your partner, to guide and support you. Your doctor knows your medical history, the medications you take, and the specialists you see. Your doctor is available 24/7 and is only a phone call away.

Not feeling well? Call your doctor. Often, your doctor will squeeze you in to avoid an ER visit, or treat you over the phone until the office opens. If you believe you are having a real medical emergency, go to the ER, and ask your family to call your doctor. Once notified, your doctor can make sure the ER has your medical history, and help you with any medical decision-making.

Your Doctor



**Overall management
of your health and
ongoing treatment**

- Check-ups & screenings
- Sprains, pain, flu, fever, infections, burns or when you just don't feel well
- Chronic Conditions (e.g. Diabetes, COPD, AFib, Blood Pressure, Kidney Disease)
- Medication Questions & Concerns

Urgent Care



**When you cannot reach
your doctor, and your
symptoms cannot wait**

- Sprains or strains
- Mild asthma symptoms
- Minor fractures or dislocations
- Mild burns
- Animal/insect bites
- Mild allergic reactions
- Minor cuts/wounds
- Minor infections/rashes

Emergency Room



**When your symptoms
could be life-threatening
or disabling**

- Respiratory distress
- Serious head injury
- Chest or stomach pain
- Any severe pain
- Uncontrollable bleeding
- Broken bones
- Severe burns
- Seizures
- Loss of consciousness