

MEDICARE ANNUAL WELLNESS VISIT (“AWV”): Information for the Doctor

The AWV is an important Medicare benefit, and a time to work one-on-one with your doctor on a 12-month plan for your health. Prior to the visit, please think about the following and be prepared to discuss with your doctor. You may want to keep lists or write notes prior to your visit.

Assessment of my health risks:

- Depression, anxiety, stress, loneliness, fatigue, anger
- Tobacco use, physical activity, alcohol consumption, home safety, nutrition
- Getting around at home: any areas where you need a little help

My history, including family history

- Hereditary conditions
- Past medical and surgical history, including hospital stays, operations, injuries, treatments
- Allergies
- Medications, supplements, vitamins, and over the counter medications

Current Doctors and other Providers

- Specialists
- Physical therapy
- Home care

Activity level and my support system

- How often I get out of the house
- How active I am
- How I eat
- Who do I live with, who is active in my life

Pain

- Do I have pain; how bad?
- What am I doing about my pain
- If I take opioids:
- Do I understand the risk factors
- Would I consider alternative treatments?

OTHER TOPICS I WANT TO DISCUSS WITH MY DOCTOR:
