

MEDICATIONS: Questions to Ask Your Doctor

The value of doctor-patient relationship in improving your quality of care and ultimately your quality of life is invaluable. It is vitally important that you keep an active medication list and bring it with you to each appointment with your doctor.

For each medication on your list, you should think about and be comfortable asking your doctor any of the below questions. Please print this sheet and bring it to your doctor's appointment. If you are not sure you understand the answer, please ask your doctor to explain it again.

- What is the medicine for?
- Did you prescribe a generic version of the medication?
- When should I take it and how often?
- How long do I need to take this medication?
- Does it matter if I take it with food or on an empty stomach?
- What do I do if I forget to take the medication?
- Are you giving me refills? When do you want to see me again in the office?
- Does the medication have any side effects?
- Do I have to stop taking any of my vitamins and supplements?

NOTES:

Medication List

Please keep a list of all your medications, including over the counter medications, vitamins, herbs and supplements.

Patient Name: _____ Date Last Updated: _____

Medication	Dose	Frequency (i.e. 1X/day or as needed)	Name of doctor who prescribed	Still Taking Yes, No or Sometimes